

## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a "sinking" feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## Taylor's of Harrogate Tea Selection

*\*Served with semi-skimmed milk (kcal 20)*

### Traditional English Breakfast\*

A golden, well-rounded cup of tea created to ease you gently into the day

### Earl Grey\*

A light, floral tea, perfectly combining Chinese black loose leaf with wonderfully citrusy bergamot flavours

### Pure Assam\*

A smooth, rich, full-bodied tea with a lasting flavour

### Taylor's Tea Room Blend\*

A Taylor's' signature tea, using top quality teas from India and Africa. Full-bodied and deeply satisfying.

### Lapsang Souchong\*

A tea with a uniquely deep, rich and smoky flavour

### Afternoon Darjeeling\*

A light, golden tea with a subtle, delicate flavour likened to muscatel grapes

### Green Tea

An excellent digestive after a meal, this tea has a light refreshing flavour

### Fruit Infusions

Freshly brewed rich aroma Arabica Cafetiere coffee, served with semi skimmed milk (kcal 36)

## AFTERNOON TEA MENU

*Available daily from 12 noon to 5pm*

*Sunday from 2.30pm – 5pm*

## CRATHORNE HALL

HOTEL  
YARM, NORTH YORKSHIRE

### Traditional Afternoon Tea

Smoked Scottish salmon, crème fraiche, wholemeal bread

Yorkshire ham, whole grain mustard mayonnaise, wholemeal bread

Cucumber, cream cheese, farmhouse white (v)

Free-range egg, cress, mayonnaise, farmhouse white (v)

Homemade pork and apple sausage roll

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Warm home-baked orange scone and plain scone

Homemade jam and lemon curd

Devonshire clotted cream

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Yoghurt mousse, strawberry centre, Scottish shortbread

Apricot and passionfruit layered gateau opera

Lemon and elderflower nut free macaron

Raspberry and vanilla tart

**£28 per person**

(kcal 1,751)

### Champagne or Prosecco Afternoon Tea

For the height of decadence, add a chilled glass of Champagne or Prosecco (175ml) to your Traditional Afternoon Tea order

**Champagne £38 per person**

**Prosecco £35 per person**

### Children's Afternoon Tea

A half portion of all our delicious treats suitable for our younger guests. 24-hour pre-booking required.

**£14 per child**

### Cream Tea

Your choice of loose leaf tea or cafetière coffee served with warm home-baked sultana or plain scone with plum jam, apple and meadowsweet compote and Devonshire clotted cream

**£12 per person**

(kcal 700)